

# Albemarle County



## Corporate Membership

Your benefits as an ACAC Corporate Member include, but are not limited to, the following:

- ◆ Three Personal Training sessions to get you started
- ◆ Over 100 pieces of cardiovascular exercise equipment
- ◆ Broadcast Vision (*Watch TV & listen to music while you workout!*)
- ◆ Strength training machines and free weights
- ◆ HealthQuest Express (*30- minute comprehensive circuit*)
- ◆ Indoor aquatic center and whirlpool
- ◆ Steam showers & dry sauna
- ◆ A full-court gymnasium (*Basketball, volleyball & more!*)
- ◆ Programs for kids & adults
- ◆ Over 140 group exercise classes per week
- ◆ Yoga, Pilates, Nia and martial arts

Also available: weight loss - personal training – massage and spa services - leagues and team events - pre-school, youth, and teen programs - childcare - personal/professional/team development programs

### 50% OFF ENROLLMENT FEE

* Enrollment Fee	Standard	Albemarle County
Individual	\$214	<b>\$107.00</b>
Couple	\$309	<b>\$154.50</b>
Family	\$379	<b>\$189.50</b>

One time enrollment fee may be spread out over 12 months.

*\* Enrollment fees are increasing on January 1, 2007.*

**Albemarle County Employees save up to 20% off  
our standard monthly membership rates & are payroll deducted!**

For more information, please contact us at

**978-3800** (Albemarle Square)

**984-3800** (Downtown)

Or visit our website at [www.acac.com](http://www.acac.com).