

acac

Fitness & Wellness Centers

Albemarle County Corporate Partnership

Members enjoy **3 clubs for the price of one** at acac albemarle square, acac downtown and acac crozet!



Albemarle Square and Downtown features

- Vast array of strength training & cardio equipment
- Over 300 land, water and mind-body group classes each week
- Mind-body offerings include yoga, tai chi, Pilates mat and reformer, Nia®, and more
- Indoor walk/jog track
- High-tech cycle studio
- Racquetball and Squash at acac downtown
- Indoor & outdoor heated pools featuring swim lessons, aquatic exercise classes and more
- Trackside Café with internet stations at albemarle square
- Kidz Zone childcare available for extra fee (included with a family membership)
- Senior programs
- Rooftop pool and adult social space downtown

Crozet features

- Variety of strength training & cardio equipment
- Mind-body and group classes such as Yoga, Nia, Athletic Conditioning, and more!
- Kidz Zone childcare available for extra fee (included with a family membership)

Enhance your experience with these added options:

- Nutrition services
- Personal training and small group training
- Physical therapy
- Day Spa at Albemarle Square
- Clay Tennis Courts
- Outdoor WaterPark including two huge water slides

**Savings of \$302 to over \$664 for
Albemarle County ACAC Members
your first year!**

acac albemarle square
500 Albemarle Square
434.978.3800

acac downtown
111 Monticello Avenue
434.984.3800

New! **acac crozet**
1015 Heathercroft Circle
434.817.2055

acac.com