

AM I ELIGIBLE TO PARTICIPATE?

Special Olympics training and competition is open to every person:

- ✓ With mental retardation, a cognitive delay, or a closely related developmental disability.
- ★has been identified by an agency or professional as having mental retardation as determined by their localities.
- ★has a cognitive delay as determined by standardized measures such as intelligence quotient or "IQ" testing or other measures which are generally accepted within the professional community in Virginia as being a reliable measure of the existence of a cognitive delay.
- ★has a closely related developmental disability, which means having functional limitations in both general learning (such as IQ) and in adaptive care (such as recreation, work, independent living, self-direction, or self-care).
- ✓ Who is at least eight years old.

HOW CAN I ENROLL?

If you are an athlete, you must complete two forms. All training and activities are free.

- ✓ *Official Special Olympics Release Form*, which must be signed, as appropriate, by the athlete, a parent, or a guardian.
- ✓ *Application For Participation In Special Olympics*, which asks for emergency contact and insurance information as well as a health history. A physician must sign the form.

If you are a volunteer, you must complete a *Volunteer Information Form*.

All forms can be obtained from Area 3 contacts or downloaded off the internet at:
<http://www.specialolympicsva.com/>.

THE SPECIAL OLYMPICS OATH
Let me win. But if I cannot win,
let me be brave in the attempt.



THE SPIRIT OF SPECIAL OLYMPICS
Skill Courage Sharing Joy

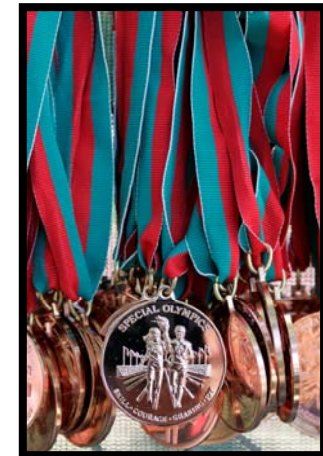


AREA 3



Special Olympics
Virginia

PROGRAMS AND ACTIVITIES



**SERVING CHARLOTTESVILLE
AND THE COUNTIES OF
ALBEMARLE, GREENE, LOUISA,
AND FLUVANNA**