

MEN'S BASKETBALL RULES & REGULATIONS 2018/2019

I. ELIGIBILITY

1. Participants must be at least sixteen (16) years of age on or before December 1.

II. GAME RULES

1. Regulation games shall consist of two (2) 20-minute halves with running clock. Clock will only stop on timeouts, except during the last two minutes of regulation play when the clock will stop on the official's whistle. Half-time will be three (3) minutes. Two time outs per half, no carryover. One time out in overtime.
2. In the event that a regulation game ends in a tie, one 3-minute overtime period will be played with the clock stopping on the official's whistle. If the game remains tied at the end of the overtime period, then that game will be recorded as a tie.
3. Play will be initiated at the beginning of the game by a jump ball at center court; from that point on, when "jump ball" situations occur, ball possession will be alternated. The team which does not control the center tap will be awarded the first possession.
4. The bonus situation will apply on the 7th team foul of each half.

III. ROSTERS AND FORFEIT POLICY

1. **All rosters are due by December 7, 2018 in the Parks & Rec Office.** You may add players to the roster until January 23, 2019. Additions must be mailed to the Parks & Rec Office or emailed to Joe Clark, jclark@albemarle.org.
2. Teams are allowed no more than fifteen (15) players. Players may only play on one team. Players cannot play in more than one league.
3. Players can not switch from one team to another, unless the coach of his original team releases him. This release must be verified by the Parks and Recreation Department.
4. Teams unable to field five (5) roster players, five (5) minutes past scheduled game time, are forced to forfeit. Referee's time is official. A team may finish a game with less than five players (minimum two players).
5. Three forfeits constitute suspension from further play.
6. In the case of a forfeit, the succeeding game will start at regularly scheduled time. The game may start earlier if both teams agree.

7. No member of a suspended team can play with another team for the remainder of the season.
8. The Parks and Recreation Department reserve the right to interpret the rules and regulations, and settle disputes in the best interest of the league.

IV. POLICY ON CANCELED GAMES

1. All games will be played as scheduled except for those canceled by the Parks and Recreation Department. In case of bad weather, ie snow, a decision will be made Sunday morning whether to cancel games. Please call the main Parks and Recreation number 434-296-5844, there will be a message on the answering machine if games are canceled, the decision will be made by 12noon. It is the coach/captain's responsibility to let their teams know.

V. SPORTSMANSHIP RULE

1. Teams are required to conduct all their relations with other teams and the game officials in a spirit of good sportsmanship.
2. Players will receive technical fouls for unsportsmanship like acts. The second technical foul will result in ejection from the game and a one game suspension. If you are ejected twice during the season, you **will** be suspended for one year from that date.
3. Players ejected from the game must leave the premises. PENALTY: GAME WILL BE FORFEITED.
4. Players on the bench are subject to dismissal from the facility and possible suspension if they display unsportsmanship like conduct toward the officials or staff.
5. Absolutely no harassment of the officials or staff will be tolerated before the game, during the game, and after the game has ended.
6. Obscene language, abusive language or taunting - players involved in any of these will be given a warning. The official will tell the player, coach and official scorekeeper. If a second incident occurs, the player will immediately be ejected.
7. Fighting - any matter involving physical confrontation on school property will result in a minimum one year suspension, and possible legal action by the County.
8. The officials will be turning in a team sportsmanship rating at the end of every game. All teams will be rated on a scale of 1-10. If a team receives a rating of five or below, they will receive an official warning. A team receiving a second low rating forfeits their next scheduled game, and a third low rating will result in suspension from further league play.
9. The following penalties will be applied to a team in interpreting the sportsmanship rule:
 - a. Warning: This is official notice that an unsportsmanship like act has occurred, it is a matter of

record, and that such occurrence must not be repeated.

- b. Forfeit: A team forfeits their next regular scheduled game after the second low rating.
- c. Suspension: A team suspended from the league forfeits their right to participate in further league play.
- d. A player who is suspended from league play will be suspended for a minimum of one year from all department athletic leagues. In the event that a team is suspended from league play for unsportsmanship like reasons, then all roster players will receive the minimum one year suspension unless otherwise decided by the Parks and Recreation Department.

VI. FACILITY POLICY

- 1. The facility we are using is made available through a special agreement with the Albemarle County School Board. Teams will be held responsible for any damage to the facility, which is not a result of normal league play. Failure to accept responsibility for facility damage will result in suspension from league play. Individuals who damage equipment or property will be prosecuted for vandalism.

2. ALCOHOL, DRUGS & TOBACCO

- a. Simply put all three of the above are prohibited on school grounds. Possession of controlled substances on school property is a felony. Possession of open alcoholic beverages is a misdemeanor. Tobacco use of any form on school property is in violation of School Board Policy. Anyone caught participating in any of these activities will be suspended indefinitely and prosecuted to the fullest extent of the law. **In addition, the player's whole team will be suspended for the remainder of the season. It is up to teammates to monitor each other.**
- b. There can be **NO** alcohol, drugs, or tobacco products on school property. This includes smoking cigarettes. If these things occur the league as a whole will lose access to Albemarle County School Buildings.
- c. Also, once your game is over and you leave the gym, you must leave school property there will be no hanging out on school grounds for any reason. The only part of the school we have permission to use is the gym.
- d. Please help us monitor all these rules, so we can continue to have an adult basketball league. It is up to the players and teams to comply with all rules. **The league is on notice if these rules are broken we can lose access to the school building and the league would then be canceled, with no refund of team money.**

- 3. There will be **absolutely** no food or drinks allowed in the gym.

VII. AUTHORIZED PERSONNEL ONLY ARE ALLOWED IN THE BENCH AREA

1. Players are required to wear shorts and some type of uniformly colored shirts with numbers on one side. Teams provide their own shirts or jerseys.
2. Basketball Numbers: 0, 1, 2, 3, 4, 5,
10, 11, 12, 13, 14, 15,
20, 21, 22, 23, 24, 25,
30, 31, 32, 33, 34, 35,
40, 41, 42, 43, 44, 45,
50, 51, 52, 53, 54, 55
3. Some type of gym shoe is required.

VIII. AWARDS

1. T-shirts will be awarded to the team winning the tournament championship.
2. In cases whereby teams are tied for positions in the standings their record against each other will serve as a tiebreaker. If a tie still exists, the point spread will be the determining factor. If teams are still tied, a coin flip will decide.
3. The tournament will follow after regular season ends.

IX. PROTESTS

1. All protests must be presented to the Parks and Recreation Department in writing within twenty-four (24) hours and accompanied by a \$10 fee. If the protest is upheld, this money will be refunded.
2. All protests must be filed with the game officials at the time of the protest. The official will in turn make note of score, time remaining and game situation.
3. Ineligible player protests must follow above protest procedures.

X. NATIONAL FEDERATION OF STATE HIGH SCHOOL ATHLETIC ASSOCIATION RULES GOVERN PLAY IN ALL LEAGUES.