

Tennis Lessons

(Teens & Adults)



***All Tennis sessions are once a week for 4 weeks.**

Feel free to sign-up for more than one session.

No Lessons week of July 1 thru July 5

Teen Tennis Lessons (ages 12-18)

Pick up a new hobby this summer! This class is low-key and fun, focusing on building basic skills and strokes so you can play the sport of a lifetime with friends!

Dates	Time	Location	Cost
Mondays, June 10, 17, 24, July 8	5:30-6:20pm	Darden Towe Park	\$48 Alb. Co. Res. \$60 NCR
Wednesdays, June 12, 19, 26, July 10	5:30-6:20pm	Western Albemarle High School	\$48 Alb. Co. Res. \$60 NCR
Mondays, July 15, 22, 29, Aug. 5	5:30-6:20pm	Darden Towe Park	\$48 Alb. Co. Res. \$60 NCR
Wed., July 17, 24, July 31, Aug 7	5:30-6:20pm	Western Albemarle High School	\$48 Alb. Co. Res. \$60 NCR

Adult Beginner Tennis Lessons (ages 18 – adults)

This class teaches the basics of tennis: groundstrokes, volleys, serve, doubles play, and drills, and incorporates fun games that you can play at home to keep practicing your skills with others.

Dates	Time	Location	Cost
Mondays, June 10, 17, 24, July 8	6:30-7:20pm	Darden Towe Park	\$48 Alb. Co. Res. \$60 NCR
Wednesdays, June 12, 19, 26, July 10	6:30-7:20pm	Western Albemarle High School	\$48 Alb. Co. Res. \$60 NCR
Mondays, July 15, 22, 29, Aug. 5	6:30-7:20pm	Darden Towe Park	\$48 Alb. Co. Res. \$60 NCR
Wed. July 17, 24, July 31, Aug 7	6:30-7:20pm	Western Albemarle High School	\$48 Alb. Co. Res. \$60 NCR

Adult Advanced Beginner / Intermediate Tennis Lessons (ages 18 - adults)

This class will help you get to the next level in your tennis thru fun drills and games emphasizing stroke development, point construction and patterns of play.

Dates	Time	Location	Cost
Mondays, June 10, 17, 24, July 8	7:30-8:20pm	Darden Towe Park	\$48 Alb. Co. Res. \$60 NCR
Wednesdays, June 12, 19, 26, July 10	7:30-8:20pm	Western Albemarle High School	\$48 Alb. Co. Res. \$60 NCR
Mondays, July 15, 22, 29, Aug. 5	7:30-8:20pm	Darden Towe Park	\$48 Alb. Co. Res. \$60 NCR
Wed., July 17, 24, July 31, Aug 7	7:30-8:20pm	Western Albemarle High School	\$48 Alb. Co. Res. \$60 NCR

Private Lessons (children or adults): Want more individualized instruction? Need some private coaching sessions to fine tune your game? Our staff is available for lessons at dates and times that work best for you. To set up a lesson, contact Dr. E at ellen@superstarterssports.com Rates range from \$25-\$50 depending on instructor.