



Albemarle County Parks & Recreation

Fall Dance Classes 2008

Alb. Co. Res. = Albemarle County Residents
NCR = Non County Residents

All East Coast, West Coast, & Night Club 2-Step

Classes Taught by: Kristin Wenger
Class Location: Murray High School
\$36 Alb. Co. Res. \$54 NCR

EAST COAST SWING DANCE

ECS is lively and quick-paced, enjoyed by dancers of all ages and abilities.

Session 1: Tuesdays, Sept. 23 – Oct. 28
6:00-7:00pm Level 1

Session 2: Tuesdays, Nov. 11 – Dec. 16
6:00-7:00pm Level 2

WEST COAST SWING DANCE

WCS is the modern-day swing. Born in the 1940's from west coast lindy-hop, it has evolved through the decades, influenced by changes in popular music and youth culture.

Session 1: Tuesdays, Sept. 23 – Oct. 28
7:00-8:00pm Level 1

Session 2: Tuesdays, Nov. 11 – Dec. 16
8:00-9:00pm Level 2

WEST COAST SWING DANCE

-Advanced WCS "Brand New Moves"

This class is for dancers who have recently completed an intermediate WCS class and are ready for the next step, or for long-time dancers who wish to expand their repertoire, boost technique, and build confidence. Guaranteed to make you sweat a little, laugh a lot, and make you a better dancer.

Session 1: Tuesdays, Sept. 23 – Oct. 28
8:00-9:00pm

NIGHT CLUB 2-STEP

'NC2' was invented 20+ years ago by a professional dancer frustrated that modern slow pop and country ballads did not match well with traditional slow dances like waltz and foxtrot. NC2 is a graceful romantic slow dance that is easy to learn. It is currently experiencing soaring crossover popularity in the swing dance, country western dance, and ballroom circles. (Hint for the fellas: Ladies LOVE this dance!)

Session 2: Tuesdays, Nov. 11 – Dec. 16
7:00-8:00pm Level 1

LINE DANCE

Line dance reduces stress, increases energy, improves strength and muscle tone. It's friendly, social and you don't need a partner. Instructor: Olivia Ray

Location: Greer Elementary School

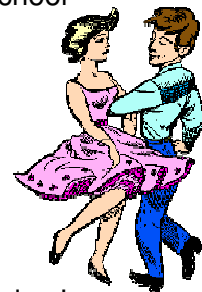
Mondays, Sept. 8 – Nov. 24

(No class Oct. 20 & Nov. 3)

6:30-7:30pm Beginner

7:30-8:30pm Intermediate

\$50 Alb. Co. Res. \$75 NCR



SQUARE DANCE

Great exercise! Lots of fun! Learn to Square Dance with George Jordan and the Virginia Reelers. Couples and singles welcome. No experience necessary. Beginner and plus classes start September 17 and will meet on Wednesdays through January. **Come to our free Open House Dance on Wednesday, September 17, 7-9pm, Woodbrook Elementary School.**

For more information go to:

www.virginareelers.com or call 973-8858.

BALL ROOM DANCE

Couples only. Come join Miller, Dorsey, Basie & new modern music and learn to Fox Trot, Waltz, Polka, Lindy Hop, and ChaCha! Basic thru semi-advanced instruction.

Instructor: Al & Ann Marie McGibney

Location: Jouett Middle School

Wednesdays 7:00-9:00pm

Session 1: Sept. 17 – Oct. 22

Session 2: Nov. 5 – Dec. 17

(No class Nov. 26)

\$60/Couple Alb. Co. Res. \$90/Couple NCR



FREE WEEKLY DANCE PRACTICE

(Sponsored by the Charlottesville Swing Dance Society)

Dance Students, Do you need space, music and a partner to practice the dance moves you learned in swing class last month or last year? Come out and practice with your fellow students. No partner is needed. Beginner-Advanced dancers are all welcome.

When: Thursdays 7:30-9:00pm

Where: Murray High School,

1200 Forest Street

Call #980-2744 to check about cancellations

<http://avenue.org/swing>

BALL ROOM DANCE

Couples only. Come join Miller, Dorsey, Basie & new modern music and learn to Fox Trot, Waltz, Polka, Lindy Hop, and ChaCha! Basic thru semi-advanced instruction.

Instructor: Al & Ann Marie McGibney

Location: Scottsville Community Center

Mondays 7:00-9:00pm

Sept. 15 – Oct. 20

\$60/Couple Alb. Co. Res. \$90/Couple NCR

FOLK DANCING

Charlottesville International Folk Dancers meet Wednesday evenings from 6:30pm to 8:30pm at the Senior Center located at 1180 Pepsi Place. Join people of all ages to learn and dance to lively line, circle and partner dances from many different countries. Newcomers are always warmly welcomed. Teaching is from 6:30pm to 7:15pm, and recreational dancing is from 7:15pm to 8:30pm. For more information: please call Sue Chase 540-456-8176 or Elias Plaza-Meyer 434-806-6770.